

## How Carl Mathis Found His True Purpose and Calling: A Biography

Christian author, preacher and motivational speaker Carl Mathis began his work for the ministry in 2005 after a life-altering experience. At that time, the death of Mathis' wife was the reason behind the dramatic turn of events that soon led him to his life's purpose and calling.



Dealing with the loss of his wife and raising three children as a single father while struggling to make ends meet, Mathis had to contend with unbearable feelings of hopelessness and despair. It was during those moments that Mathis cried out for a strategy to overcome his situation. This experience soon pushed him to channel his grief and use its transforming power to change his own life and others as well.

Immediately after getting back on track, Mathis was moved to act on his burning desire to encourage and motivate people, especially those who have shared the same fate as him. It was then Mathis saw the need to reach out to the distressed and the depressed.

In 2010, he came out with his debut work entitled *Life is What You Make It* – seven steps to moving forward, a 104 page inspirational book drawn from his own personal life experiences and challenges. Filled with messages on how to deal with sorrow and ultimately survive the process of moving on, the book provides readers with the much-needed encouragement and motivation in order to strive better.

A project close to his heart, Mathis used the book to convey how he was able to lift the burden and stress that hinder a person from moving forward after life hits you bad. The approach was simple yet heartfelt enough to be able to reach and extend messages of comfort to those facing a similar situation.

In this book, Mathis invites readers to do as he did and face the inevitable truth that life is indeed what you make it. Using his personal story of struggle and survival, Mathis teaches readers to find themselves in order to overcome any crippling situation. This means finding the strength to accept, take responsibility, act on the right decisions, prepare the mind, believe and work at starting over again.

Speaking from experience, Mathis is able to capture his readers and spread his work for the ministry, imparting life lessons to people of all ages who are also seeking inspiration and empowerment. Mathis intended it to be a good read for anyone who at one point in their lives has gone through life's toughest struggles. His words of encouragement and life lessons imparted on the pages of the book seek to foster personal as well as spiritual growth so that many would eventually learn not to give up on themselves and more importantly, on God.

A man after God's own heart, Mathis continues his passion today of reaching out to people using his God-given abilities, particularly speaking and writing, and becoming a blessing to others in return.